

# Quinnipiac

## INTERNATIONAL STUDENT WELCOME GUIDE



**2026-2027**

 Office of International  
Students & Scholars



# WELCOME

The International Student Welcome Guide is designed to address some of the most frequently asked questions posed by international students upon their arrival on campus. We have created this Guide to help you ease into your new life here in Connecticut. All of the information in this Guide is current as of March 2026. Coming to a new country should be an exciting venture, not a stressful ordeal. With this guide, you have all of the practical information you need to succeed, inside and outside of the classroom.

From useful resources, campus contacts, practical matters and where to buy necessities once you're in the US; we think this guide has all you'll need to get started! We are glad that you are here and we hope that your time here is successful and filled with exciting opportunities.

Welcome to the Bobcat family!

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## OFFICE OF INTERNATIONAL STUDENTS AND SCHOLARS (OISS)

The Office of International Students and Scholars (OISS) provides programs, services, and immigration support to assist and educate international students and scholars in their transition to their life in the U.S. The OISS is the hub for immigration and cultural adjustment questions for students on campus.

The professional staff at the Office of International Students and Scholars is here to support you throughout your time at Quinnipiac. We are looking forward to getting to know you better and helping you adjust to life at Quinnipiac and in the U.S.



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[International Student & Scholar Portal: iss.qu.edu](https://iss.qu.edu) (QU Login Required)



[International Student Website: international.qu.edu](https://international.qu.edu)



[International Student MyQ Pages: \(QU Login Required\)](https://quinnipiacuniversity.sharepoint.com/sites/OfficeofInternationalStudentsScholars)  
[quinnipiacuniversity.sharepoint.com/sites/OfficeofInternationalStudentsScholars](https://quinnipiacuniversity.sharepoint.com/sites/OfficeofInternationalStudentsScholars)



[Schedule an Advising Appointment with OISS](#)



**Arnold Bernhard Library S122** (Across from One Stop)



@qu.oiss and @quglobalpartners

# WELCOME TO CONNECTICUT

## ABOUT CONNECTICUT

The state of Connecticut is located in a region of the United States known as New England. It was one of the original 13 states and is one of the six New England states. There are eight counties in Connecticut. Three states border Connecticut (Massachusetts, New York, and Rhode Island). The name "Connecticut" comes from a Native American word, "quinatucquet," roughly meaning "beside the long tidal river." It refers to the Connecticut River, which cuts through the middle of the state.



## CONNECTICUT QUICK FACTS

- Nickname: The Constitution State
- Statehood: 1788; 5th state
- Population (as of 2026): 3,650,000
- Capital: Hartford
- Largest cities: Bridgeport (153,542), New Haven (141,686), Stamford (140,964)
- Abbreviation: CT
- State bird: American robin
- State flower: mountain laurel
- [Connecticut climate information](#)



## HAMDEN, CONNECTICUT

Quinnipiac's Mount Carmel and York Hill campuses are located in Hamden, Connecticut. Hamden is a town in New Haven County. The town's nickname is "The Land of the Sleeping Giant". The population of Hamden is 61,510.





# EXPLORING THE LOCAL COMMUNITY

## LOCAL EVENTS & ATTRACTIONS

These websites showcase the fantastic events, attractions, museums, restaurants, and more that the local area has to offer!

- [Quinnipiac: Explore the Area](#)
- [Info New Haven](#)
- [Downtown New Haven](#)
- [CT Visit: Connecticut Tourism Office](#)
- [Visit New England: Connecticut](#)

## LOCAL NEWS

It is important to stay informed about local news stories. You can review the following trustworthy news sources.

### News Stations

- [News 8 WTNH](#)
- [NBC Connecticut](#)
- [WFSB](#)

### Newspapers

- [New Haven Register](#)
- [Hartford Courant](#)

## FUN THINGS TO DO IN THE AREA

### Get outside and enjoy nature

- Explore trails at Sleeping Giant Park or Farmington Canal bike or walking trail. East Rock Park, West Rock Park, and Lighthouse Point Park are all located nearby.

### New Haven Pizza Tour

- New Haven is famous for its thin oven-baked style pizza. There is a battle between Sally's, Pepe's, and Modern for the best slice. Wooster Square in New Haven is Little Italy and worth a visit!

### Try the country's first hamburger

- Louis' Lunch, established in 1895 in New Haven, was recognized by the Library of Congress as the Birthplace of the Hamburger Sandwich.

### Visit Yale's Museums & Libraries

- New Haven has many free museums open to the public that are worth exploring, including Yale's Art Gallery, British Art Museum, Beinecke Rare Books & Manuscripts Library.

# QUINNIPIAC'S THREE CAMPUSES

Across our 3 campuses, you'll be surrounded by our state-of-the-art facilities and caring faculty, where you will experience living in the beauty and charm of southern New England. Each of our campuses has been purposefully designed to deliver the quintessential student experience with your learning at its core.



## MOUNT CARMEL CAMPUS

### [Mount Carmel Campus Map](#)

- Carl Hansen Student Center
- Arnold Bernhard Library
- Most of the academic buildings
- Recreation & Wellness Center
- Housing for first and second year students
- Office of International Students and Scholars
- Most administrative offices



## YORK HILL CAMPUS

### [York Hill Campus Map](#)

- Housing for upperclassmen and graduate students (Crescent, Eastview, Westview, Townhouses)
- M&T Bank Arena
- Rocky Top Student Center
- On the Rocks Pub
- Theatre Arts Center
- Music Building



## NORTH HAVEN CAMPUS

### [North Haven Campus Map](#)

- 10-12 minute drive from Mount Carmel Campus
- School of Law, School of Education and Frank H. Netter MD School of Medicine
- Center for Medicine, Nursing and Health Sciences
- Graduate Student Affairs
- North Haven Library



# QU TRADITIONS AND FUN FACTS

As a Quinnipiac student, you will discover the many wonderful traditions on campus. Here are a couple of fun facts and helpful things to know as new students.

## QUINNIPIAC'S NAME

Quinnipiac University is named for the Indigenous people of the Northeastern Woodlands. They lived in present-day New Haven County, Connecticut, along the Quinnipiac River. Their primary village, also called Quinnipiac, was where New Haven, Connecticut is today. The Quinnipiac name translates as "Long-water people."



## BOOMER THE BOBCAT

Quinnipiac's mascot is the Bobcat. The name of our mascot is Boomer. There is lots of school spirit at Quinnipiac and you'll often hear people shout "Go Bobcats!" and move their arm like a claw.



## THE QUAD

The "quad" in the center of Mount Carmel campus is a great hang-out spot on campus. You can enjoy the beautiful views of Sleeping Giant, and relax near the firepits on the Adirondack chairs. One important thing to know is that you should not walk on the grass.



## BOBCAT FOOTPRINTS

If you look carefully, you'll notice 29 bobcat footprints across Quinnipiac's three campuses. It's a fun scavenger hunt to try during your time at QU! There are 29 because Quinnipiac was founded in 1929.



# TECHNOLOGY

Staying connected to your new Bobcat community, as well as your friends and family back home, is very important. This section will provide helpful information about getting a U.S. phone number, connecting to QU networks, and understanding the various online platforms and phone apps for students.

## WIFI: CONNECTING TO BOBCATNET

### IPHONE, IPAD, IPOD TOUCH

1. Press Settings.
2. Press Wi-Fi.
3. Ensure Wireless is turned on.
4. Under Networks...press BobcatNet.
5. Enter your QU Username.
6. Enter your QU Password.
7. Press Join
8. If a Certificate screen appears, press Trust.
9. You should now be connected to BobcatNet.

### ANDROID DEVICES

1. Under your wireless settings menu, locate and select BobcatNet.
2. You may be prompted to create a password for credentials. If prompted, create your own new personal password. (This is for your phone only.)
3. Select these options:
  - EAP method: PEAP
  - Phase 2 Authentication: MSCHAPV2
4. Enter the domain quinnipiac.edu
5. Leave the Anonymous Identity field blank.
6. Enter your QU Password in the Wireless Password Field.
7. Click Connect or OK.

## U.S. CELL PHONES













There are a number of options to obtain a local U.S. phone number and service. Most students start out with a SIM card option for the first few months. Once they feel more comfortable, they might set up cell service with a contract. Many students also use WiFi to connect to apps like Whatsapp.

### CELL PHONE OPTIONS

- **Number on arrival with [CampusSIMs](#):**
  - CampusSIMs allows you to have a U.S. phone number and service plan through MintMobile immediately upon arrival. You pay ahead for a designated amount of credit. SIMs are included in your welcome bag and available at the OISS office. Make sure that your phone is unlocked, GSM-ready. They also offer [eSIM](#).
- **Contract/Prepaid plan:**
  - Most service operates on contract plans. Contracts are usually 2 years in length for the cheapest option. With a contract, you pay a specific amount on a monthly basis.
- **Pay-as-you-go (PAYG):**
  - PAYG is similar to CampusSims. You purchase credit as needed with a local carrier. Local carriers include Verizon, AT&T, and T-Mobile.

# HELPFUL PHONE APPS TO DOWNLOAD

We recommend downloading these apps used by Quinnipiac students throughout their time at QU! You can also find a list of apps on [Quinnipiac's site here](#). Remember to change your phone's country/region to the U.S. to make sure all apps are visible.

-  • **QUINNIPIAC UNIVERSITY APP:** To view courses, grades, access Web Advisor, Calendar, Laundry View, and other campus resources
-  • **PASSIO GO:** QU Shuttle tracking and alerts
-  • **QU EVENTS:** Helpful guides like "Becoming a Bobcat," campus maps, local recommendations, and more
-  • **QU RECWELL:** To sign up for club sports, and fitness classes in both Mount Carmel and York Hill gyms
-  • **DINE ON CAMPUS:** Check the dining hall hours and daily menus
-  • **RAVE GUARDIAN-** Notify Public Safety in the event of an emergency both on and off campus
-  • **TRANSACT APP:** Pre-order food from campus dining halls and track Q cash
-  • **FUSIONPLAY:** Intramural sports sign up
-  • **BOBCAT REWARDS:** Get ticket information for athletic games and earn rewards
-  • **CORQ:** Discover events and groups around campus
-  • **OUTLOOK:** To make sure you don't miss any emails from your professors or QU. It is also helpful for calendar reminders.
-  • **CANVAS:** To access grades and course content on-the-go
-  • **ZOOM:** To attend virtual classes or meetings
-  • **INTERSTRIDE:** Professional development platform for international students
-  • **VENMO:** The most common money exchange app used by students
- **UBER/LYFT:** Ride-sharing apps to get transportation off-campus
- **GRUBHUB/UBER EATS/DOOR DASH:** Food delivery from local restaurants





# QUINNIPIAC PORTALS

## Q-START

- Pre-arrival checklist for new students
- Undergraduate students will find in their admissions portal

## MYQ

- Gives you access to Blackboard, the ISS portal, email, grades, billing, and other services. or Quinnipiac students, faculty, and staff
- Connection to all resources, including library, shuttle, campus offices, and more.
- There is also a Quinnipiac phone app.

## SELF-SERVICE

- Find your fee bill, financial aid offer, make payments
- Find unofficial transcripts and enrollment verifications
- Update your address and phone number
- Course registration

## CANVAS

- QU's course management system. You can view all of your courses, submit assignments, view course materials, post on discussion boards, and check your grades.

## ISS PORTAL

- Your immigration portal where you can see all of your immigration documents in one place, obtain your I-20 and DS-2019
- Submit requests for travel signatures, OISS letters, or immigration needs

## INTERSTRIDE

- Career development platform and job board specializing in international student experiences and immigration resources.

## MYHOUSING

- Obtain your housing assignment, roommates, and mail box number
- Request break housing, late stay or early departure

## BOBCAT CENTRAL

- Student organizations and events on campus



## CAMPUS PRINTING

Campus Printing refers to a group of networked devices that allow students, faculty, and staff to print from anywhere using their QCard. Campus Printing allows you to copy and scan, in addition to print.

### PRINT FROM YOUR EMAIL:

- Send an email from your Quinnipiac email address on any device to [CampusPrinting@qu.edu](mailto:CampusPrinting@qu.edu), and your email message, along with any attachments, will be available to print from a Campus Printing device.

### PRINT FROM YOUR COMPUTER:

- Visit the [Information Technology website](#) and follow the instructions to add Campus Printing as an option on your computer and set it as your default printer.

### ADDING FUNDS TO QCARD FOR PRINTING:

- Students can use their QCard for QCash, a debit account that is separate from your meal plan. You can learn more about adding funds via the Transact app on the [QCards and QCash website](#).

## QCARD

The Quinnipiac University QCard is your passport to life at Quinnipiac. It serves as a form of identification and students also use the QCard to access their meal plan, check material out of the library, gain access to their residence halls and swipe in and out of on-campus jobs.

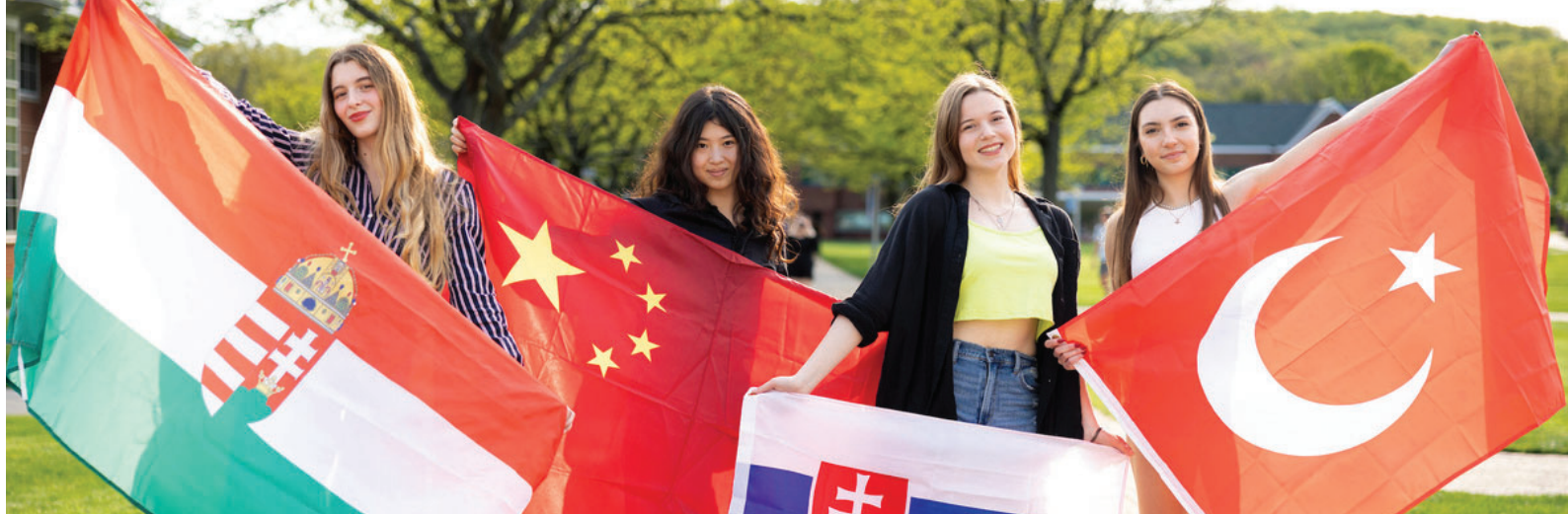
QCards are issued by the Information Technology office. It's important that new students upload their photo in advance following the instructions on QStart. Always keep your QCard with you and be advised that there is a fee for lost QCards. Learn more on the [QCards website](#).

## LAPTOP REQUIREMENTS

Quinnipiac requires all students to have a modern laptop in good working condition. It is required to have a laptop by the start of classes. [QU offers a laptop ordering program](#). Contact IT to ensure your laptop will meet the program requirements.

## SOFTWARE & TOOLS

As a student, you have access to free software like Microsoft Office and Adobe Creative Cloud. All you need to do is sign into those programs with your QU credentials. Visit the [Information Technology Services site](#) on MyQ for information and support.



# STUDENT LIFE

## CLUBS AND ORGANIZATIONS

The university has [190 student clubs and organizations](#), including academic, cultural, religious, service, political, and arts. Students can access the [Bobcat Central website](#) or use the CORQ app for a list of all student organizations and events happening on campus. There is an Engagement Fair during the first week of the semester when you can meet the various organizations and sign up!

## RECREATION AND WELLNESS

The new Recreation and Wellness Center offers facilities and programming to meet wide range of health and wellness services, including fitness studios, equipment and classes; a smoothie bar for refueling and a demonstration kitchen to learn new cooking skills. You can learn more about the fitness centers, recreation, club and intramural sport offerings on the [RecWell site](#) or on the FusionPLAY app.

## FAITH AND RELIGION

The [Office of Spiritual and Religious Life](#) on the Mount Carmel Campus offers counseling, worship services and celebratory activities for students of different faiths. The Office of Spiritual and Religious Life also organizes events on campus and helps students connect with off-campus religious services, if required. No matter a person's religion, you are welcomed, accepted and supported here. The Peter C. Hereld House for Jewish Life works with Jewish students to create a meaningful, caring and supportive community on campus. There is a Muslim prayer space on second floor of the Student Center.

## QU ATHLETICS

Go Bobcats! NCAA Division I athletics is an integral part of the Quinnipiac community, bringing together students, alumni and fans around the world. Students can check out [GoBobcats.com](#) to view the team schedules and rosters, and to buy tickets. Be sure to check out the [student ticket information](#). Root for our teams to keep winning National Championships!



## ACADEMIC CALENDAR

The [Quinnipiac Academic Calendar](#) lists important dates during the semester, such as the first day of classes, add/drop deadlines, midterm and exam periods, university holidays, and breaks.

It is important to reference the academic calendar when planning your travel to ensure that you are on-campus attending in-person when classes are in session.

## BUILDING CODE ABBREVIATIONS

Use this guide to find which building your classes may be taking place:

- **ABL:** Arnold Bernhard Library
- **BC:** Buckman Center
- **CAS:** College of Arts & Sciences
- **CCE:** Center for Communications, Computing & Engineering
- **DO:** The Dome Building
- **EC:** Echlin Center
- **MNH:** North Haven- Medical, Nursing, Health
- **RTSC:** Rocky Top Student Center
- **RWA:** RecWell
- **SB:** School of Business
- **SC:** Student Center
- **SITE:** The SITE Building
- **SLE:** School of Law & Education
- **TH:** Tator Hall

## STUDY SPACES ON CAMPUS

Quinnipiac has scenic views all over our three campuses to inspire students looking to study and complete projects. Check out this article on the [best places to study](#).

You can also book study spaces using the “Reserve a Space” link in MyQ Quick Links menu.

## CLASSROOM & ACADEMIC EXPECTATIONS

As an international student, studying in a U.S. American classroom can be a life-changing experience. There are characteristics of classes and the academic atmosphere in the U.S. that may be different from those in your home country:

- Class participation and attendance matters.
- Each course will have a syllabus which explains all assignments, materials, and how you will be graded.
- Academic integrity is important. You can review [Quinnipiac’s Academic Integrity Policy here](#).
- Professors will have office hours when students can come in to have any questions or concerns addressed or just discuss what they are learning in class.



## GETTING SETTLED

Moving to a new country can be overwhelming. There can be many things to arrange during your first months at Quinnipiac. This section will cover many common questions such as getting a U.S. bank account, shopping, restaurants, mail, and more.

## OPENING A U.S. BANK ACCOUNT

Opening a bank account in the United States will be much easier to manage your finances and cheaper than withdrawing money from a foreign bank account.

A checking account is great for day-to-day expenses. You can make withdrawals and deposits. It comes with a bank debit card that you can use for living expenses and daily transactions. Most banks will offer online and mobile banking, so you can manage your money 24 hours a day.

Quinnipiac has M&T Bank ATM machines on our campuses where you can withdraw funds in cash. There is an M&T Bank branch located at 2290 Whitney Ave. in Hamden. It is within walking distance of Mount Carmel Campus and on the Westwoods shuttle route.

You may also want to consider [Adro](#) or [Zolve](#), where you can open an account before entering the United States.

Learn more about opening a U.S. bank account on the [OISS website here](#).

### DOCUMENTS YOU'LL NEED AT M&T BANK

- Unexpired passport
- I-20/DS-2019 Form
- Quinnipiac Student ID
- Cash in U.S. dollars to open the account (A minimum of \$25 is recommended)
- A U.S. phone number is required for online banking.

### OTHER NEARBY BANK OPTIONS

- Bank of America
- Liberty Bank
- Webster Bank
- KeyBank

### ADDITIONAL DOCUMENTS YOU MIGHT NEED FOR OTHER BANKS

- I-94 arrival record
- Enrollment verification letter from your school (Requested from OISS)



# HOUSING

Information about on-campus housing can be found on the [QU Residential Life website](#). At Quinnipiac, all incoming undergraduate students are required to live on campus during their first 3 years. That's because living on campus provides a comfortable and convenient home base close to all the action, and the resources that will help you thrive academically and socially. You will become fully immersed in our campus life and culture, and be close to places where you can quietly study, relax, or enjoy a meal with friends. There are also some university housing options available for graduate students.

## ON-CAMPUS HOUSING

Students can learn more about the residence halls and amenities on the [QU Housing website](#) and view dorm tours on [Youtube](#).

Important dates for move-in and breaks are listed [here](#).

Though residence halls close during Thanksgiving and Spring break, international students can submit a Break Housing request on MyHousing to request to remain on campus during the break at no additional cost.

Students may also request to stay in on-campus housing during winter or summer break at an additional cost.

## MEAL PLANS

Students are able to purchase individually priced items in locations across our three campuses with the meal plan. All items in the dining facilities are sold a la carte (not buffet). Instead of a meal-based system, students pay for each item on their Q-Card. Students can also purchase other items with their dining plan, such as On the Rocks Pub & Grille, our on-campus Starbucks, concessions at athletic events, or at food trucks on campus.

Students can learn about the types of meal plans and read the FAQs on the [Meal Plan website](#). You can also visit [Dine on Campus](#) for more information about the dining experience at Quinnipiac.

Changes to the meal plan can be made until the add/drop deadline.



## OFF-CAMPUS HOUSING

Students planning to live in off-campus housing are encouraged to begin researching as early as possible prior to arrival in the United States. Quinnipiac does not offer temporary housing, so if you have not confirmed your housing before your arrival, you may need to stay in a local hotel or with friends until you secure off-campus housing. We recommend graduate students arrive one week before classes start to secure your housing before the semester.

## OFF-CAMPUS HOUSING GUIDE FOR INTERNATIONAL STUDENTS

The Office of International Students & Scholars (OISS) has website with resources for [Living in the U.S.](#) and an Off-Campus Housing Guide for International Students with helpful information, including a planning guide to begin your search for off-campus housing, questions to ask prior to renting, a renter's checklist, a glossary of housing terminology and abbreviations, and a summary of anticipated costs. The guide also includes safety tips and other resources for students living off-campus.

## U.S. HOUSING LEASES

A lease is a legally binding housing contract, normally spanning a 12-month period, or ending at the beginning of the academic year. A few of the most important details are listed below:

- Be cautious of signing a lease for a property you have not seen in person.
- Read everything carefully and understand all of your obligations.
- Make sure that any special stipulations you require, such as permission to have a pet, are stated in the lease.
- Landlords are not bound by law to agree to subletting, and some will not allow it at all.
- Keep a signed copy for your own records. Never rely on verbal agreements alone.

### Important Note:

Do not pay your rent in cash. It is recommended to use personal checks or money orders for deposits or payments.

# SHOPPING

## FURNITURE & SPECIALTY GOODS

There are numerous large retail stores where you can purchase household necessities, furniture, and supplies. Most of the stores listed below are accessible in the QU shuttles to Hamden and North Haven shops.

### Superstores

- Target, Walmart

### Furniture & Home Decor

- IKEA, HomeGoods, At Home

### Hardware Stores

- Home Depot, Lowes

### Electronics

- Best Buy, Staples

### Discount Stores

- TJ Maxx, Marshalls, Kohl's, Burlington, Dollar Tree, Five Below, Dollar General

### Craft Stores

- Michael's

### Office Supplies

- Staples

### Sporting Goods

- Dick's Sporting Goods

### Thrift Stores/Second-Hand Goods

- Goodwill, Salvation Army
- Facebook Marketplace, Craigslist (online)

### Beauty Products

- Ulta Beauty
- CosmoProf
- Sephora (in Kohl's)
- Hair Beauty Supply (Natural hair)

## PHARMACIES

In the U.S., pharmacies are usually housed within a larger “drugstore” that carries a wide range of products, such as health and beauty supplies, cleaning supplies, office supplies, and more. Oftentimes, you will find a pharmacy inside a supermarket. Pharmacies near QU campus include:

- CVS Pharmacy
- Rite-Aid Pharmacy
- Walgreens Pharmacy

## WINTER CLOTHING

Need extra winter clothing? You can find warm winter coats and jackets at affordable prices at many stores. Some options include:

- Discount stores: TJMaxx, Marshalls, Burlington, Kohl's
- Thrift stores: Goodwill, Salvation Army

In late fall, OISS will also offer a “Winter Closet” of donated winter clothing and accessories.

## COLLEGE TEXTBOOKS

We recommend waiting until the first week of classes to buy or rent your textbooks. Your professors will review the class syllabus on the first day of classes and explain the books you will need. You must purchase all required course materials by end of the first week of classes. Failure to obtain books and course materials at the start of classes will have a negative impact on your grade.

You can choose to rent or buy books.

- [Amazon Prime Student](#)
- [QU Campus Bookstore](#)
- [Chegg.com](#)
- [Abebooks.com](#)
- [GetTextbooks.com](#)

# GROCERY STORES & FOOD DELIVERY

## GROCERY STORES NEAR QU

Grocery stores or supermarkets are where you can purchase food, including fresh fruit, vegetables, and meat. Some local grocery store chains will carry the basic international foods of your home country. There are several grocery stores in Hamden and North Haven accessible by the QU shuttle system.

### Hamden Shuttle Line:

- ShopRite
- Stop & Shop
- Aldi
- Trader Joe's

### North Haven Shuttle Line:

- Ferraro's Market (small specialty Italian market)
- Target
- BJ's Wholesale (membership required)

Thyme & Season is a health food store in Hamden on Whitney Ave. close to campus. Big Y and Whole Foods are other popular grocery stores.

Superstores like Target and Walmart will also have food available but limited options of fresh produce.

## FARMER'S MARKETS

Want farm fresh produce from local vendors? Visit one of New Haven's farmers' markets. Most farmers' markets are open on the weekends during certain months. Research these local markets' websites for hours and location.

- [CitySeed Farmers' Markets](#)

## INTERNATIONAL MARKETS NEAR QU

If you're craving flavors and brands from home there are several international markets in the greater New Haven area that you can shop at. Here are a few:

- **African:** Motherland Market in Hamden, Lagos Market in West Haven
- **Asian:** Million Asian Market and Hong Kong Grocery in New Haven
- **Halal:** Hamden Super Market & Halal Meat in Hamden and Nazar Halal Meat & Market in West Haven
- **Indian:** Farmer's India Market and Bharat Bazaar Farmer's Market in Orange
- **Mexican:** Tlaxcala Grocery in New Haven
- **Russian:** Lina's Place in Hamden

## FOOD DELIVERY

Want to order your groceries online or have a meal delivered? Use one of the websites/apps below. Many online grocery & food services offer discounts on first orders & contactless delivery. When using food delivery services, always make sure you tip the driver.

- Instacart (groceries)
- Peapod (groceries)
- Grub Hub
- Uber Eats
- Door Dash

Mount Carmel residents should pick up delivery orders in the North Lot near the RecWell center or the entrance of Bobcat Way. Food deliveries from Toninos, Falcon Pizza, Sergio's, or Domino's, ordered directly from these restaurants, may be delivered to the entrance of the residence halls.

# LOCAL RESTAURANTS

There are lots of delicious restaurants that offer a wide variety of cultural cuisines in the surrounding towns. We recommend checking out the winners of the [Quinnipiac Student Choice Awards](#).

These sites are helpful for finding restaurants and reading diner reviews: Yelp, Open Table, Trip Advisor, Google Reviews.

# HAIRCARE

You'll likely need a haircut at some point during your studies at QU. Here is a list of local businesses to get your hair styled and stores with haircare products.

## LOCAL BARBERS

- Sleeping Giant Barber Shop
- Carrano's Barber Shoppe
- Cheshire Barber Shop
- Supercuts

## LOCAL SALONS

- Hair on Broadway
- Small Talk Salon
- Creative Hair
- L'Elegance A Salon
- The Curly Hair Loft
- Supercuts

## NATURAL HAIR & BRAIDING

- Vivian Fatima African Hair Braiding
- Oumi's Haven Hair Braiding
- BB Hair Braiding
- Isha African Braiding
- Hair Beauty Supply
- CosmoProf
- Sally Beauty Supply





# MAIL & POSTAGE

Quinnipiac uses a system of pickup lockers for the self-service distribution of mail and packages received on behalf of resident students. Pickup lockers are located on the first floor of the Carl Hansen Student Center and the main floor of the Rocky Top Student Center. All mail and packages are logged into a tracking system that will notify students for pickup. Students have access to the pickup lockers while the respective building is open. The customer service window is open Monday through Friday, 11 a.m. to 4 p.m.

## HOW TO WRITE AN ADDRESS

- Full Name → Boomer Bobcat
- Box Number (if living on campus) → Box #123 (Find yours in MyHousing)
- House number Street Name → 275 Mount Carmel Avenue
- *Apartment/Unit number (if applicable)* → *Apt. A (example, if off-campus)*
- City, State, Zip Code (5 digits) → Hamden, CT 06518

All mail for students living on York Hill campus should also be addressed to Mount Carmel campus address above.

## LOCAL POST OFFICES

- U.S. Postal Service in Hamden
- 2514 Whitney Ave.
  - 744 Dixwell Ave.

- U.S. Postal Service in North Haven
- 74 Washington Ave.

## MAIL & SHIPPING STORES

These are a convenient alternative to the post office. They provide mailing and shipping, and they will also package your item. They offer photocopying and faxing services and other document production services.

- UPS Store in Hamden
- FedEx in North Haven



# TRANSPORTATION

Quinnipiac University's Mount Carmel and York Hill campuses are conveniently located in the town of Hamden, Connecticut, where there are several transportation options available to students. The North Haven campus is located nearby in the neighboring town of North Haven. We encourage you to review the summary provided in this section and explore the routes and websites linked to understand how to get where you want to go.

## QUINNIPIAC SHUTTLES

Quinnipiac University provides a system of shuttles to help students navigate travel quickly between University campuses, local shopping areas, local railroad and bus stations, and downtown New Haven on the weekends. [The Passio GO!](#) app allows you to track the shuttles at any time from your devices. These shuttles are free for students. You only need to show your QCard when you board the shuttle.

You can learn more about the various shuttle services, routes, and schedules on the [Shuttle System website here](#).

The shuttle connects students to Union Station in New Haven during university breaks to assist students traveling home or to the airport by train. The detailed campus shuttle schedules can also be found on [MyQ](#).



## PUBLIC BUSES

The public bus system in Connecticut is called CT Transit. You can learn more about the services, fares, and plan your trip on the [CT Transit website](https://www.cttransit.com).

The [Trip Planner](#) is a helpful tool that will provide public transportation directions to your destination. The [Transit app](#) also offers live bus tracking, schedule, and more.

Bus routes [229](#) and [228](#) run along Whitney Ave. and are the closest to Mount Carmel and York Hill campuses. The [215](#) is closest to the North Haven campus.

Bus stops are located every 2-3 blocks along the bus route. Most bus stops are marked by official bus stop signs like the one pictured below. When you are on the bus, to signal your stop, you should pull the cord located above the sign windows. A chime will alert the operator to stop and a “stop requested” sign at the front of the bus will light up.

As the bus approaches, be sure it is the one you need before boarding. A sign above the windshield shows the bus route letter/number, route name, and destination. See image below.

There are three ways to pay: exact cash fare, the [Token Transit app](#), or the [Go CT card](#). OISS has Go CTs cards available in the office that you can use to set up an account and load money. You will use the fare box like the one pictured below to pay.



1. Route Number
2. Route Name
3. Final Destination
4. Bus Number
5. Control Number for CTtransit Use Only

## TRAINS

Union Station in New Haven is the closest train station to campus. A variety of train lines can connect you with the northeastern coast, including nearby New York City or Boston.

- [Metro North](#): New Haven south to New York City
- [Amtrak](#): East Coast corridor Washington, D.C. to Boston; stops in New Haven
- [Shoreline East](#): New Haven east to New London, Connecticut
- [Hartford Line](#): New Haven north to Springfield, Massachusetts

## RIDE SHARE & TAXI SERVICE

- Uber (phone app)
- Lyft (phone app)
- [M7 Ride](#)- Connecticut's largest, full-service transportation company

## AIRPORTS & AIRPORT SHUTTLES

There are a variety of airports within driving distance to the campus. The nearest major international airports are John F. Kennedy International Airport in New York, NY, Newark International in Newark, New Jersey, and Logan Airport in Boston, MA. Bradley International in Windsor Locks, CT and LaGuardia Airport in New York, NY are additional options. Tweed-New Haven Regional Airport is a smaller airport located just outside of New Haven with limited flights during the day.

Shared Door-to-Door Shuttle Services

- [Go Airport Shuttle](#)
- [CT Express Shuttle](#)

Private Cars

- [CT Airlink](#)
- [CT Black Car](#)
- [M7 Ride](#)

## BICYCLES

While commuting by bike is not widely common in the local area, some students find it to be a useful way to get around.

The Mount Carmel and York Hill campuses are located near the [Farmington Canal Heritage Trail](#) which is a nice bike trail that runs between New Haven and Meriden, CT. Use caution when biking on main roads because most roads in Hamden and North Haven do not have a dedicated bike lane.

Students can purchase bikes from nearby sporting goods stores like Cheshire Cycle or Dick's. Bikes are also available second-hand from Facebook Marketplace or Craigslist. Don't forget to purchase a helmet, too.

## PEDESTRIAN SAFETY

In Hamden and surrounding towns, walking as a pedestrian is less common than you may be accustomed to at home. Follow the rules of the road and obey signs and signals. Here are some additional tips:

- Walk on sidewalks whenever they are available.
- If there is no sidewalk, walk facing traffic and as far from traffic as possible.
- Cross streets at crosswalks (zebra crossings) or intersections. Look for cars in all directions, including those turning left or right.
- If a crosswalk or intersection is not available, locate a well-lit area where you have the best view of traffic. Wait for a gap in traffic that allows enough time to cross safely; continue watching for traffic as you cross.



# DRIVING IN THE U.S.

## DRIVING WITH YOUR HOME COUNTRY LICENSE

Students and visitors in Connecticut can drive using their foreign license for up to one year if the license is in English or Spanish. If your license is in a different language, you must also carry an International Driver Permit (IDP) to legally drive with that license in CT. The IDP is issued in the country that issued the driver's license. If you do not have an IDP or your stay will exceed one year, you should plan to obtain the Connecticut Driver's License.

## GETTING A CONNECTICUT DRIVER'S LICENSE

The [Connecticut Department of Motor Vehicles](#) is the agency that issues the driver's license and the non-driver Identification Card (state ID). You may want to consider getting a state ID if you want to have official U.S. identification so that you do not have to carry your passport around. Also, you will need to have a State ID in order to register a car that you own, if you do not have a CT Driver's License.

## STEPS TO GET A CT LICENSE

Detailed instructions can be found on the [OISS website](#).

**Step 1:** Apply for Social Security Number or Social Security Rejection Letter

**Step 2:** Collect the required documentation and apply for the CT Learner's Permit at the DMV

**Step 3:** 90-day waiting period for most applicants during which you must take the mandatory 8-hour safe driving program course (in-person or online)

**Step 4:** Schedule your On the Road Skills Test  
Collect the additional documentation and go to the DMV for your road test.

**Step 5:** Get your License!

Please note that if you have a license from another U.S. state, or if you have a valid French, German, or Canadian driver's license, you will follow the out-of-state transfer process to a CT license.



# OWNING A CAR

## BUYING & REGISTERING A CAR

Car owners have many responsibilities and expenses. Some students purchase a car used from a private owner, and others may purchase a new or used car from a dealership. Used cars for sale can be found online on sites like [Autolist](#), [Craigslist](#), or [Carvana](#). Whichever route you choose, do your research! Review car value estimates on websites like [Carfax](#) or [Kelley Blue Book](#) to ensure you are paying a fair price. Bring a friend with you to look at the car. Ask questions and take the car for a test drive. If buying online or from a private owner, beware of scams!

Other considerations for owning a car:

- You must [register your car with the DMV](#), and keep that registration valid while you drive the car. You are required to have either a CT Driver's License or a State ID in order to register your car.
- You will pay a car tax in the town where you live. Car tax bills will be sent to you in the summer. You are responsible for paying your car tax, even if you go home in the summer. You have to pay the car tax, even if you no longer live in that town at the time that you receive the bill.

## CAR INSURANCE

All car owners are legally required to maintain insurance for their vehicle. Liability insurance covers only the expenses associated with damages you cause to another driver/car.

Comprehensive insurance will cover expenses for both yourself and any damage you caused to another person/vehicle. If you make car payments to a dealership, you must carry comprehensive insurance, which is more expensive.

Your insurance will be cheaper if you have a Connecticut license, and more expensive if you drive with your home country license and IDP.

## PARKING

Residential first-year students are not permitted to have vehicles on campus.

Graduate students, first-year commuters and transfer students with more than 27 credits with sophomore or higher standing should review QU Parking Rules and Regulations to [apply for a Quinnipiac parking permit](#).

# SAFETY

In general, the United States and Hamden and the surrounding areas are safe places to live. However, there are certain practices you should follow when living in the U.S. The University's Department of Public Safety is dedicated to the safety and well-being of our students, faculty, staff, alumni, and visitors. They are committed to providing the highest level of professional police and public safety services to foster a safe learning and working environment.



## EMERGENCY PHONE NUMBERS

- **911**
  - For life-threatening emergencies. This number is used for all emergencies including fire and ambulance.
- **203-582-6200**
  - QU Public Safety- For non-life-threatening emergencies or routine requests for help

## RAVE GUARDIAN

[This phone app](#) provides rapid and proactive communications with friends, family, co-workers, your college or university, and 911 in the event of an emergency.

## QU ALERTS

[Sign up for QU alerts](#) so the university can contact you via text, email, and phone call about any emergencies, weather-related cancellations, or other critical university information.

## SAFETY TIPS

- Always be alert and aware of your surroundings.
- Avoid walking alone at night because most crimes that are committed are crimes of opportunity.
- Do not leave your personal belongings (i.e. purse, personal computer, books, cell phone, etc.) unattended and walk away.
- If you have a car, remember to lock your doors and do not store valuables in your vehicle. If you must leave something valuable in your car temporarily, store it in the trunk so it is not visible to thieves.
- Keep copies of your I-94 arrival record, passport, visa, I-20, and other important documents. Have digital copies available on your phone.
- Always protect your personal information like social security numbers and credit card numbers.
- Always lock your doors and windows when you are in and outside of your residence hall or apartment room.

# SCAMS & FRAUD

While at Quinnipiac we hope that you will not be contacted by someone attempting to “scam” or defraud you of your money. As is true anywhere in the world, there are people who attempt to take advantage of international students and scholars, but with a little knowledge, you can learn how to identify a scam and avoid falling victim to the scheme.

## COMMON SCAMS & RED FLAGS

- Emails about employment positions or items for sale urging you to use personal emails instead of your QU email.
- Someone asks you to purchase gift cards on their behalf.
- 'Government officials' (scammers using the official numbers) call or text to ask for financial information or to notify that you have violated immigration laws.
- Employment offers that require you to purchase gift cards.
- Rental scams where your deposit money is taken and no one meets you with the keys to move in.
- Online scams when purchasing items on Craigslist, Facebook Marketplace, EBay or through PayPal.
- Calls or emails demanding an “international student tax” or “visa fee” which directs the victim to wire money or buy gift cards.



## TIPS TO AVOID SCAMS

- In general, no government agency or reputable company will call or email you unexpectedly and request your personal information, or request advance fees for services in the form of wire transfers or gift cards.
- Department of Homeland Security may call you regarding your SEVIS record, but they will never ask for money over the phone.
- Verify the identity of anyone who asks for your personal information over the phone. Ask for a caller's name, ID badge, and phone number and request that you call them back or respond through the entity's customer service channels.
- Do not cash checks that arrive in the mail unexpectedly.
- Do not sign contracts without reading them and fully understanding the content.
- Avoid providing personal data, such as banking information or your social security number, to unknown persons over the phone or internet.
- If anyone pressures you to provide information or money over the phone, it's a scam and you should just hang up.
- If someone asks you to buy a gift card for them, it may be a scam.
- Additional tips on the [USCIS site](#).

# HEALTH & WELLNESS

Quinnipiac's Student Health Services, operated by Hartford HealthCare, is located in the newly renovated Recreation and Wellness Center, near the Arnold Bernhard Library. There is an additional location on the first floor of the Rocky Top Student Center on the York Hill campus. Services are also provided virtually. Students can learn more about the various services provided by Health Services [here](#).

## HEALTH INSURANCE

The United States does not have universal health care which may be quite different than your home country. Quinnipiac University requires all students maintain medical insurance as condition of enrollment. Quinnipiac offers a health insurance plan especially for students through Gallagher Student Health, which provides coverage for illness and injuries that occur on and off campus and includes special cost-saving features to make the coverage as affordable as possible. You can review the information on [insurance at Quinnipiac here](#).

Students are automatically enrolled in the university sponsored student health insurance plan and charged for the insurance on their student account. Graduate students may waive Gallagher health insurance coverage if they present evidence of other health insurance that provides equal or greater benefit coverage to that of Gallagher Student Health. Students are responsible for submitting a health insurance waiver online if they do not want/need the student health insurance plan. J-1 students and undergraduate F-1 students are not eligible for a waiver.

[Review the OISS website for additional information](#) about health and health insurance for international students.



## IMMUNIZATIONS

CT State Law requires that a student attending Quinnipiac University maintain certain immunizations. All incoming international students must submit the required documentation by the deadlines. You can review the required and recommended immunizations on the [Student Health Services site here](#).

Follow the instructions on QStart to complete this important requirement.

## HEALTH SERVICES PORTAL

[MyChartPLUS](#) is a portal that allows you to communicate with your doctor, access your test results, request prescription refills, manage your appointments, and access health information quickly



## COUNSELING & MENTAL HEALTH SERVICES

Quinnipiac’s Counseling Services is partnered with Hartford HealthCare to provide resources for a variety of mental health issues and situations such as stress, anxiety, depression, relationship problems, sexual violence, eating disorders, grief, and alcohol or drug abuse – all at no cost.

Counseling is a confidential resource. Services include:

- Diagnostic Evaluation
- Urgent Visit Services
- Same Day Consultation (in-person and telehealth)
- Individual Counseling (in-person and telehealth)
- Group Therapy
- Referral and consultation to off-campus physicians and therapists

Learn more on the [Counseling Services website here](#).

## REPORTING AT QU

Quinnipiac University is committed to inclusive excellence, as well as the health, safety and well-being of its community. All members of the university community share a responsibility for taking action when an issue or concern arises.

[QU.edu/report](#) is a comprehensive listing of various forms to report concerns about members of the Quinnipiac community, including [Title IX](#), [bias incident](#) reporting, [student conduct](#), [student of concern \(CARE\)](#), and more.

## ENVIRONMENTAL CHANGES

Connecticut weather is always unpredictable. Winter weather can be a difficult adjustment for students from warmer climates. OISS will provide resources and support on how to prepare for the colder temperatures. It’s important to note that in the U.S. temperatures are measured in Fahrenheit. If you are unfamiliar with Fahrenheit, try using this [Fahrenheit to Celsius calculator](#).



# ON-CAMPUS EMPLOYMENT

International students on an F-1 or J-1 visa are eligible to work on-campus while attending classes. International students are eligible for non-federal work study and graduate assistant positions. Employment must be less than 15 hours per week for undergraduate students and less than 20 hours per week for graduate students.

Employment can be 20 hours or more per week during the summer and winter breaks. On-campus employment may only occur between the program start and end dates on a Form I-20 or DS-2019. International students with J-1 visas must first obtain written authorization from OISS in SEVIS before starting your work. Visit the [OISS Working On Campus site](#) for more information.

If hired, the Office of International Students and Scholars can support you in applying for a Social Security Number (SSN). Remember that all off-campus employment and internships require work authorization in SEVIS.

## WHERE TO FIND ON-CAMPUS POSITIONS

On-campus positions are limited, so on-campus employment is not guaranteed. All on-campus positions will require an online application with a resume/CV and/or cover letter. Some positions may also include an interview.

### To view the available positions:

Students can log onto [MyQ](#) and then find Student Employment under the Student Life dropdown to access the Non-Federal Work-Study and Graduate Assistant positions that are available on-campus.

Review the [OISS website](#) for additional information.

## SOCIAL SECURITY NUMBER (SSN)

A Social Security Number (SSN) is a permanent tax identification number issued by the U.S. government. All U.S. employers require employees to have an SSN for the purpose of reporting individual employee earnings for tax purposes.

F-1 and J-1 students are only eligible for an SSN if they have received an on-campus job offer.

If you are offered a position, please refer to the [OISS website](#) for instructions on applying for an SSN.

# OFF-CAMPUS EMPLOYMENT

International students on F-1 and J-1 visas may only work off-campus within the employment rules authorized by their visa. Both the F-1 and J-1 visas provide limited opportunities to gain experience in your field of study through internships and practical training eligible for OPT, CPT and Academic Training authorization. These employment categories require special authorization from OISS, and in some cases, U.S. Citizenship and Immigration Services.

USCIS considers unauthorized employment to be the most serious violation of F-1 or J-1 status. Unauthorized employment will lead to the termination of your SEVIS record and may impact your ability to complete your studies in the U.S. or receive visas in the future.

## CURRICULAR PRACTICAL TRAINING (CPT) (F-1)

[Curricular Practical Training \(CPT\)](#) is an F-1 visa benefit that allows students to participate in off-campus internships, clinical placements, or other experiential learning that is part of your academic program and directly related to your academic major. CPT must be authorized for both paid and unpaid experiences. CPT can only be granted when the internship/training is part of the academic curriculum. F-1 students are not eligible in their first year.

CPT is authorized by OISS for students who are eligible and must be approved in SEVIS before your internship or placement begins.

## ACADEMIC TRAINING (AT) (J-1)

[Academic Training](#) may be approved for J-1 students to apply knowledge and skills learned at school to a practical work experience off campus. It includes employment training, internships, or work related to your field of study. Academic Training is available before or after completion of studies (pre-completion vs. post-completion).

## OPTIONAL PRACTICAL TRAINING (OPT) (F-1)

[Optional Practical Training \(OPT\)](#) is an F-1 visa benefit that allows international students to work or train in a job or internship directly related to your academic major. You do not have to have a job or internship offer to apply for this work authorization.

International students may apply for up to 12 months of OPT per degree level. Students typically use their OPT after graduation. A 24-month [STEM OPT extension](#) may be available after the initial 12 months of OPT for students who are studying in designated STEM fields (Science, Technology, Engineering, and Mathematics) and meet other employment criteria.

## NAME, IMAGE, LIKENESS (NIL) FOR NCAA ATHLETES

The NCAA adopted a policy which allows collegiate student-athletes to earn compensation for use of their name, image, and likeness as of July 1, 2021. However, F-1/J-1 international student-athletes cannot earn compensation of any kind for NIL while in the U.S.

# U.S. CULTURAL NORMS

## GREETINGS

People in the U.S. often greet each other by asking, “How are you?” This is part of the general greeting routine, and they are not expecting an elaborate answer. With new or casual acquaintances, provide a short answer like “I’m good” and reciprocate by asking the same question.

## SENSE OF TIME

The culture in the U.S. is very time-conscious. Americans greatly value punctuality and expect others to be mindful of appointments and agreed-upon meeting times. Generally, plan to be five minutes early for an appointment or meeting. Arriving at the exact meeting time is often considered too late. This also applies to your classes and assignment deadlines. Lateness is not tolerated and, in fact, can mean zero credit on an assignment, test, or quiz if you miss the deadline. Work hard to be on time!

## INDIVIDUALISM

It is important to understand Americans' devotion to individualism. They are raised from a young age to consider themselves as separate individuals and to manage things on their own. Americans see themselves as being responsible for their own situations in life. Compared to communal cultures, they have not been trained to see themselves as members of a close-knit, tightly interdependent family, tribe, nation, or other group.

## EQUALITY & INFORMALITY

Americans are taught that “all men are created equal” and most strive to achieve this for all genders, races, and ages. Americans tend to be very informal regardless of age or social standing. Americans demonstrate respect by their tone of voice, order of speaking, and seating arrangements, among others.

At a university, you will see this type of informality in the way students dress (sweatshirts, sneakers) for class and in how they address their professor (commonly by first name). When you first meet someone older than you, you should use their title, Professor, Dr., Mr. or Ms. until you hear otherwise. Listen to what the other students do. When in doubt, ask! Some American women prefer to be called Ms. (pronounced mizz) rather than Miss or Mrs. When you’re not sure, use Ms.

## PERSONAL SPACE

Americans appreciate more personal space than other cultures. You might notice that if you stand a bit close, they will back away from you. This is not an indication that they don't like you, but rather an instinctive response. Be mindful that close proximity is not always welcome, but often will relax a bit once the other person gets to know you better. Typically, an arms-length distance between you and the other person is the comfortable and acceptable amount of space expected. Personal contact is also uncomfortable and unwelcome until a deeper level of friendship is shared.



## TIPPING GUIDE

In the United States, "tipping" means giving a small extra amount of money to service workers like waiters, bartenders, and delivery drivers on top of the bill as a way to show appreciation for good service, and it's considered a customary practice, where not tipping is seen as rude. This is because many service workers rely on tips to supplement their extremely low base wages (approximately \$6/hour in CT), which is unlike many other countries where tipping is less prevalent or not expected at all. In the U.S., employees in the service industry are forced to earn their wages from customers' tips. The majority of their income is from tips.

Tipping Situation	Average Tip
Waiter in restaurant (Food and/or drinks)	18-20% of bill
Food delivery	10-20% of bill
Fast food	Not necessary to tip
Bartender	\$1-2 per drink
Barista/coffee shop	Not necessary, but appreciated
Hair or nail salon	15-25% of service
Taxi or ride share	10-15% of bill
Hotels	\$2/bag for bellhops, \$2-5 per night for housekeeping

# CAMPUS OFFICES

## ONE STOP

- student finances, parking and transportation services, meal plans, registrar

 onestop@qu.edu

 203-582-8650

 Arnold Bernhard Library S106

## REGISTRAR

- records and enrollment services

 help@qu.edu

 203-582-4357

 Arnold Bernhard Library 138

## LEARNING COMMONS

- academic support, peer tutoring, academic coaching

 learning.center@qu.edu

 203-582-8628

 Arnold Bernhard Library, North Wing

## INFORMATION TECHNOLOGY (IT)

- technical support, QCards

 help@qu.edu

 203-582-4357

 Arnold Bernhard Library 138

## FINANCIAL AID

- scholarship opportunities, financial aid

 finaid@qu.edu

 203-582-8750


 Echlin First Floor

## CAMPUS ENGAGEMENT

- clubs and organizations, getting involved on campus

 studentengagement@qu.edu

 campuslife@qu.edu

 Student Center, Student Affairs Suite

## PUBLIC SAFETY

- campus safety, shuttles

 Public.Safety@qu.edu

 203-582-6200

 Public Safety Office

## RESIDENTIAL LIFE & HOUSING

- housing, move-in, break housing

 ResidentialLife@qu.edu

 Housing@qu.edu

 203-582-8666

 Student Affairs Center, 2nd floor

## LIBRARY

- reference and research assistance, printing

 refdesk@qu.edu

 203-582-8633

 Arnold Bernhard Library, Netter Library, Law Library

# CAMPUS OFFICES

## GRADUATE STUDENT LIFE

- graduate student support, graduate housing, events & grad organizations

 [gradaffairst@qu.edu](mailto:gradaffairst@qu.edu)  
 203-582-GRAD (4723)  
 North Haven campus, MNH-276

## PAYROLL

- tax documents, payment for on-campus jobs

 [payroll@qu.edu](mailto:payroll@qu.edu)  
 203-582-6486  
 Human Resources Office

## CARE TEAM

- student safety and well being, Community, Assessment, Response and Evaluation (CARE) Team

 [care@quinnipiac.edu](mailto:care@quinnipiac.edu)  
 (203) 582-5213  
 Student Affairs Building  
 [Submit a CARE Report](#)

## STUDENT EMPLOYMENT

- on campus jobs and graduate assistantships

 [student-employment@qu.edu](mailto:student-employment@qu.edu)  
 203-582-7770  
 Student Center Room 260





## DEAN OF STUDENTS OFFICE

- a wide range of student support services

 [studentaffairs@qu.edu](mailto:studentaffairs@qu.edu)  
 203-582-8735  
 Student Affairs Building

## TITLE IX (EQUAL RIGHTS)

- reporting gender-based discrimination or misconduct

 [Patricio.Jimenez@quinnipiac.edu](mailto:Patricio.Jimenez@quinnipiac.edu)  
 (203) 582-7757  
 Center for Comm. & Engineering 180  
 [Submit a Title IX Report](#)

## SCHOOLS

### College of Arts and Sciences

- [CASDeans@qu.edu](mailto:CASDeans@qu.edu)

### School of Engineering

- [Engineering@qu.edu](mailto:Engineering@qu.edu)
- [Computing@qu.edu](mailto:Computing@qu.edu)

### School of Nursing

- [SNURDeans@qu.edu](mailto:SNURDeans@qu.edu)

### School of Business

- [SBDeans@qu.edu](mailto:SBDeans@qu.edu)

### School of Communications

- [SchoolofCommunications@qu.edu](mailto:SchoolofCommunications@qu.edu)

### School of Health Sciences

- [SHSDeans@qu.edu](mailto:SHSDeans@qu.edu)

**WELCOME TO THE  
BOBCAT FAMILY!**

